

Transition Guide to Adulthood for Individuals with Autism

Ages 14—16

<h3>Education</h3>	<p>Transition Plan: Students should have a formal transition plan in place in their IEP (Individual Education Plan) no later than during the IEP cycle in which the student turns 14 years old. Transition should drive this IEP.</p> <p>Components of Transition Plan include:</p> <ul style="list-style-type: none"> • Age Appropriate Transition Assessment • Appropriate and measurable post-school goals • Transition services • Course of Study <p>Parents: Initial contact should be made with Opportunities for Ohioans with Disabilities (OOD) and other appropriate outside agencies (youth employment programs; Developmental Disability (DD) services; Job and Family Services, Social Security; University/college disability services; Independent living centers; or other agencies) to initiate dialogue and/or invite them to the student's IEP meeting.</p> <p>Resources: Local School District/Transition Coordinator, State Support Team Region 1, OCALI (Ohio Center for Autism and Low Incidence), www.ohioAATlibrary.org , Job and Family Services</p> <div style="border: 1px solid black; border-radius: 15px; padding: 10px; margin-top: 10px;"> <p><i>Using documented information from student/parent interviews and age appropriate assessments, transition plans should consider student's:</i></p> <ul style="list-style-type: none"> • Preferences • Interests* • Needs • Strengths <p><i>*be sure to differentiate students' "hobbies" from interests. Interests should be something student can try as a vocation, volunteer, or job</i></p> </div>
<h3>Employment</h3>	<p>Parents/Individual: Develop leisure skills and interests to occupy non-school time. Start exploring volunteer and employment opportunities.</p> <p>Resources: Ohio Means Jobs: <i>Students can take an inventory and personality test</i> Vocational assessment (where/when available)</p>
<h3>Independent Living</h3>	<p>Parents:</p> <p>Understand systems:</p> <ul style="list-style-type: none"> • School District • Ohio Department of Developmental Disabilities (DODD) • The County Board of Developmental Disabilities (CBDD) • Social Security Administration <p>Resources: Autism Society of Northwest Ohio, CBDD, The ARC OF Ohio</p> <p>Contact/Consult with:</p> <ul style="list-style-type: none"> • Pediatrician to assist in selecting/transitioning to new primary care physician • CBDD to be placed on waiver waiting list (if have not done already) • Autism Society of Northwest Ohio • Knowledgeable Special Needs Financial Planner and Estate Planning Attorney